



North East and North Cumbria Peer Research Community of Practice Creative Ways to Disseminate Work that has involved Peer Researchers

Monday 9th September 2024, 1-3pm

<u>University of Sunderland, City Campus, Chester Road</u> <u>Murray Health School of Medicine, Room 301 - TEAL space</u>

Time	Activity
1.00 -	Welcome and introductions
1.15	Felicity Shenton, NIHR ARC NENC PICE Manager, CNTW NHS FT
	Peter van der Graaf, AskFuse Research Manager, Northumbria
	University
1.15 –	Mental health, substance use and trauma for people experiencing
1.35	homelessness – podcasts and visual drawings
	Emma Adams, NIHR Doctoral Fellow, Newcastle University
1.35 –	Q&A
1.45	
1.45 –	Impact of Universal Credit on mental health and wellbeing – developing
2.05	CREDIT, a theatre play based on community-centred research
	Mandy Cheetham, Assistant Professor, Northumbria University
2.05 –	Q&A
2.15	
2.15 -2.25	Comfort break
2.25 - 2.55	Activity – Creative ideas for dissemination
	Different workstation where participants can have a look and discuss
	different creative ways of disseminating peer research:
	Lego table: build your ideal peer researcher
	Drawing table: draw the ideal peer researcher
	Blog table: explore the building block of a successful blog (based on)
	Fuse blog guidance with practical examples)
	 Brief table: explore the does and don'ts of a policy brief to convince
	policy makers to support peer researcher
2.55	Next steps and next meeting
	An opportunity for participants to volunteer to present their work at a
	future meeting
3.00	Close